

FLORENCE ADWOA GBONGBO

(CRITICAL CARE NURSE MANAGER)

Accra Ghana | 233244517945 | fgbongbo@yahoo.com.

SUMMARY

I am a dynamic Critical Care nurse with 20+ years of experience of excellent nursing and leadership skills who has a track record of delivering clinical excellence in a professional manner through direct Nursing Care. I am highly motivated, energetic and have positive, realistic and supportive attitude towards the needs of our clients. Detail-oriented, responsive and proficient in routine care and emergency response. I can effectively lead and supervise a multi-disciplinary team to achieve set targets.

SKILLS

- Patient education and advocacy
- Utilization management
- Case review
- Quality controls
- Staff leadership
- Staff Development and Precepting
- Ventilator care
- Strong Clinical Judgment
- Clinical Supervision
- Staff Coaching and Mentoring
- Task Delegation
- Department management
- Critical Thinking
- Crisis Intervention
- Workload Management
- Emergency Response
- Direct Patient Care
- Multitasking and Organization
- Care Monitoring
- Electronic charting skills
- Ward Management
- Cardiopulmonary Resuscitation CPR
- Conflict Management

EXPERIENCE

12/2003 to Current

Nurse Manager 37 military hospital (ICU/PICU) – Accra, Ghana

- Managed performance of 40-person nursing staff, reviewing task completion, prioritization and report quality.
- Applied clinical judgment and comprehensive knowledge of facility policies to assist unit nurses with patient care decisions.
- Received and investigated complaints from families, patients and clinical staff, devising solutions to multifaceted challenges.
- Evaluated patient needs and preferences to build and update tailored treatment plans.
- Supervised nurses' administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Monitored staff performance and provided coaching and formal counselling to staff.
- Improved patient outcomes through peer groups and facilitating continuing education.
- Provided case management, milieu management and emergency intervention.
- Maintained awareness of advances in modern medicine and operated computerized diagnostic equipment, data processing technology, sanitation protocol and life support machinery.
- Trained other nurses on patient care and daily tasks, supporting growth and professional development.
- Provided strong leadership and guidance to nurses.
- Mentored and coached nursing staff, listening to concerns and providing counsel.

- Established and maintained positive relationships with residents, physicians, hospital staff, patients and families.
- Supervised daily nursing activities and general operations while delivering exceptional care and building solid nursing teams for my facility.
- Evaluated performance of staff nurses, contributing to professional development.
- Organized department in accordance with administrative guidelines to provide specified nursing services to meet legal, organizational and medical staff guidelines.
- Conferred with physicians during rounds, advised each on condition of patients and coordinated necessary diagnostic assessments to accomplish patient care goals.
- Facilitated communication by providing information and counselling to families.

Proposed and facilitated the set up of a four bedded functioning paediatric intensive care unit in the children's ward.

10/21 to 02/23

Assistant post op team-lead, National Craniopagus Twin Separation Team
Greater Accra Regional Hospital, -- Accra Ghana

- Pre op preparations, including medications and counselling.
- Post op management including; observation and monitoring, assessing for complications and improvements.
- Giving life-saving interventions with little or no supervision.
- Scheduling and supervision of team members.
- Planning and facilitating training and simulation exercises

EDUCATION AND TRAINING

12/23 to date: Fellowship Resident, West African Post-Graduate College of nurses and midwives (WAPCNM)

11/22 to 09/23: Associate membership by examination, Ghana college of nurses and midwives (GCNM)

09/2013: Bachelor of Science: General Nursing, Central University, Accra

04/2009: Advanced Diploma: Critical Care Nursing, School of Perioperative and Critical Care Nursing, Korle-Bu.

07/2008: Diploma: General Nursing, University of Ghana – Legon

12/1996: SSCE, West Africa Senior Secondary School, Adentan.

CERTIFICATES

04/25 – Sepsis Research and Innovations, 5th World Sepsis Congress, online.

10/24 – Essential Skills for Early Recognition and Treatment of Acute Illness, Medical Simulation Skills Institute

10/24 - Grager Basic Neonatal ICU Training program, online

05/24 - Grager Basic Neonatal ICU Training program, online

03/24 - Oxygen therapy in clinical practice, management and mismanagement. Medical Simulation Skills Institute, Accra

09/22 - BASIC LIFE SUPPORT, UGMC/MTNC/ECCN Training centre, Legon, Accra

11/21 - ADVANCED CARDIAC LIFE SUPPORT, Medtigo Health Education - online

04/21 - Advancing Prevention and Survival of Sepsis & Covid 19, World Sepsis Conference, - online

ACCOMPLISHMENTS

- Member, National Craniopagus Team- 2021-2023
- Member, Society of Critical Care Medicine - 2011
- Best ICU Nurse Award 2006

REFREES

Col (Dr) MKN Kutin, Head of ICU and anaesthesia dept. 37 Military hospital
Tel :+233 24 426 0584 Email: mknkutin@gmail.com

Capt(GN) Ruby Elikem Amegavluie, Deputy director of nursing, 37 Military hospital (ICU)
Tel : +233242036500. Email: elikemafi@yahoo.com

Dr Caroline Tetteyfio – Koney, Consultant Anaesthesiologist
Tel: +233207002786. Email: Carolinekoney@yahoo.co.uk