

ROSELINE HENRY UDOH (SR.)

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St. Theresa Hospital

P. O. Box 30

Nkoranza.

B/E Region.

Ghana.

Education

2020 – 2022 Catholic University College of Ghana

BSc in Midwifery

Special achievement: First Class Honours

2019- 2020 Catholic University College of Ghana

Master in Public Health (MPH) Research

(Option-Population and Reproductive Health)

2011- 2014 University of Cape Coast

B. Ed. Health Sciences (Specialty area- Midwifery)

Highly competitive course accredited by University of Cape Coast that has enable me to develop:

- Ability to teach midwifery students
- Excellent working knowledge in analyzing health needs
- Excellent working knowledge in health education and promotion
- Ability to manage and prevent conflict

In addition I have achieved excellent results in the following courses:

- Anatomy and Physiology of Reproductive system
- Field Experience in Teaching
- Health Education and Promotion
- Conflict management and prevention

Special achievement: First Class Honours

2004 Swiss Tropical Institute. Basle, Switzerland

Medical Practice with Limited Resources (An optional module in the tropEd Masters Programme in International Health.

Highly competitive course accredited by Swiss Tropical Institute that has enable me to develop:

- Ability to manage clients with limited resources

2003 Swiss Tropical Institute. Basle, Switzerland

Health District Management (an advance module)

Highly competitive course accredited by Swiss Tropical Institute that has enable me to develop:

- Ability to design health programmes
- Excellent working knowledge in priority setting, economics and planning regarding the development of health system

2003 Swiss Tropical Institute. Basle, Switzerland

Health Care and Management in Tropical Countries(Diploma Course)

Highly competitive course accredited by Swiss Tropical Institute that has enable me to develop:

- Ability to administer quality health care to all clients
- Ability to care for children using Integrated management of Childhood Illness module
- Excellent working knowledge in Reproductive and Child Health
- Excellent working knowledge in Adapted Teaching and Training

- Excellent working knowledge in Management Strategies
- 1999-2000 Holy Family Midwifery Training School, Berekum
- **Special achievements:** Credit in Practical and Viva Voce, The School and The Queen Mother's Best Student Awards
- 1994-1997 Holy Family Nurses Training College, Nkawkaw
- **Special achievements:** Distinction in Practical Nursing, and Credit in Med/Medical Nursing, Psychiatric Nursing, Public Health Nursing and Obstetric Nursing
 - The GNMTA President for 1996-1997 academic year
- 1992 SC/GCE in four subjects including Mathematics (C), English Language (C), Bible Knowledge (A)
- 1982-1986 Assumption Girl's Juniorate, Ndom Ebom, Akwa Ibom State, Nigeria
- GCE O/Level in eight subjects including Chemistry (C), Economics (C)
 - **Special achievement:** Dormitory Prefect.

RELEVANT PROFESSIONAL EXPERIENCES

September 2022 to Date: ANGLICAN UNIVERSITY COLLEGE OF TECHNOLOGY

Part time Lecturer

Lecture the following courses: Public Health Nursing, Leadership in Nursing, Paediatric nursing, Maternal care nursing

Feb. 2022 to Date: St. Theresa Hospital Nkoranza, Bono East Region

Deputy Chief Nursing Officer, Nurse Manager

To promote excellence in patient care by advancing the quality and scope of nursing practice and to support ward/unit managers in ensuring efficient and effective management of nursing and midwifery services in the facility.

- i. Lead in the preparation of operational policies and plan for nursing and midwifery services in the facility and advocate for its implementation.
- ii. Give expert opinion based on practice based evidence and ensure that the planning, delivery and evaluation of care programmes address the complex and changing needs of all patients.
- iii. Coordinate the development and implementation of educational programmes for nursing staff in the facility. This may include collaborating with departmental managers

- in conducting in-service training, staff development programs, orientation and induction of all new staff in the facility
- iv. Promote the utilization of research findings in clinical practice.
 - v. Promote and participate in operational research for improved patient care.

November 2019 to Jan 2022: Holy Family NMTC- Berekum, Bono Region

Deputy Chief Health Tutor (ED), Officer in charge of Quality Assurance/ Midwifery Tutor

- i. Facilitate the development, dissemination and application of quality benchmarks/parameters for the various academic and administrative activities of the institution.
- ii. Facilitate the collation and integration of feedback from students and other stakeholders on quality related issues in the institution.
- iii. Ensures that staff meet or raise the institutions standards
- iv. Ensures that there is an increment in job satisfaction
- v. Safeguard and improve health of clients and service providers
- vi. Facilitate inter- and intra-institutional workshops and seminars on quality related themes for the promotion of quality culture.
- vii. Supervise the conduct of Examination.

Teach courses in midwifery and other relevant courses at the school, assess students performance during lectures, during examinations and practical sessions. Monitor and supervise students during their practical sessions at the hospitals and other clinical centres. Assess the project work (family and maternity care study).

External examiner for Nursing and Midwifery Council of Ghana.

February 2018 to October 2019: Holy Family NMTC- Berekum, B/A Region

Principal Nursing Officers (ED)/ Midwifery Tutor:

Teach courses in midwifery and other relevant courses at the school, assess students performance during lectures, during examinations and practical sessions. Monitor and supervise students during their practical sessions at the hospitals and other clinical centres. Assess the project work (family and maternity care study).

External examiner for Nursing and Midwifery Council of Ghana.

May 2017 to January 2018: Midwifery Training College-Jirapa, UWR

Principal Nursing Officer(ED)/ Midwifery Tutor:

Teach courses in midwifery and other relevant courses at the school, assess students performance during lectures, during examinations and practical sessions. Monitor and supervise students during their practical sessions at the hospitals and other clinical centres. Assess the project work (family and maternity care study).

July 2016 to January 2018: Midwifery Training College Jirapa

Principal Nursing Officer(ED)/ Midwifery Tutor:

External examiner for Nursing and Midwifery Council of Ghana

Nov. 2015 – May 2017: St. Ignatius Health Centre –Lassia Tuolu

Principal Nursing Officer(ED)/ Health Centre Incharge:

Take an active role in ensuring that planning, delivery and evaluation of care programmes in the facility address the complex and changing needs of the clients in the facility. Plan and supervise the daily activities the facility, monitor & supervise staff's performance, manage clients in the Outpatient department, refer complicated conditions to the next referral point, attend to pregnant and postnatal women, conduct deliveries, carry out health promotion, compile health insurance claims, supervise the compilation of the monthly reports and its submission.

Nov. 2015- May 2017 : Midwifery training College-Jirapa

Principal Nursing Officer(ED)/ Midwifery Tutor: (Part Time Tutor)

Teach courses in midwifery at the school (Part time), assess students performance during lectures, during examinations and practical sessions. Monitor and supervise students during their practical sessions at the hospitals.

Feb. 2015- OCT. 2015: St. Ignatius Health Centre –Lassia Tuolu

Senior Nursing Officer(ED)/Health Centre Incharge:

Plan and supervise the daily activities the facility, monitor & supervise staff's performance, manage clients in the Outpatient department, refer complicated conditions to the next referral

point, attend to pregnant and postnatal women, conduct deliveries, carry out health promotion, comply health insurance claims, supervise the compilation of the monthly reports and its submission.

Feb. 2015-OCT. 2015 : Midwifery training College-Jirapa

Senior Nursing Officer(ED)/ Midwifery Tutor:

Teach courses in midwifery at the school (Part time), assess students performance during lectures, during examinations and practical sessions. Monitor and supervise students during their practical sessions at the hospitals.

July 2008 - July 2011: WA EAST DISTRICT

Senior Nursing Officer/District Facilitator for Logistic Management of Public Sector Health Commodities:

Train health staffs on logistics management of public sector health commodities as well as monitor and supervise their performance after the trainings.

Jan. 2005- July 2011: Funsu Sub-district

Nursing Officer/Sub-district Incharge:

Plan and supervise activities of the sub-district, organize the following quarterly activities meetings with sub-district health management team, community based surveillance volunteers (CBSV) and the traditional birth attendants (TBAs) as well as refresher courses for the CBSV & TBAs, community durbars on their health needs and on current health issues. Compile monthly, quarterly & annual reports for submission to the District Health Administration.

Jan. 2005-July 2011: St. John's Health Centre Funsu

Nursing Officer/Health Centre Incharge:

Plan the activities of the facility with the staffs, monitor & supervise the implementation of the activities by the staffs, review staff's yearly objectives with them & appraise them at the end of the year, manage clients with the Outpatient department, refer complicated conditions to the next referral point, attend to pregnant and postnatal women, conduct deliveries, carry out health promotion, comply health insurance claims, supervise the compilation of the monthly reports and

it's submission. Carry out pretest and posttest counseling, performing HIV testing, provide clinical care for PLWHA, monitor and supervise clients on ARV prophylaxis and ART

July 2003-Dec 2004: St. Martin's Catholic Hospital, Agroyesum

Nursing Officer/In-service Training Coordinator/HIV/AIDS Counsellor:

Prepare the training programmes, contact the resource persons, organize, coordinate, and facilitate the training sessions & Interview staffs with the panel. Carry out pre/post counseling, perform the HIV test, and organize meetings with People Living with HIV/AIDS (PLWHA).

Nov. 2000-Dec 2004: Maternity Unit, St. Martin's Catholic Hospital, Agroyesum

Senior Staff Nurse/Midwife/Unit Incharge:

Plan the activities of the unit, monitor & supervise the work of the staffs, assist during ward rounds, admit & discharge clients, attend departmental heads meetings, request for medicines & logistics, manage clients coming for antenatal, delivery & postnatal services, give pre/post operative care as well as any other services needed by the client at the unit.

May 1998-Nov.1999: Paediatric Unit, St. Martin's Catholic Hospital, Agroyesum

Senior Staff Nurse/Unit Incharge:

Plan, monitor & supervise the activities of the unit, special education of parents on the care of the children.

Aug. 1997-April 1998: Outpatient Unit, St. Martin's Catholic Hospital, Agroyesum

Staff Nurse/Unit Incharge:

Plan, monitor& supervise the activities of the unit, screen & manage minor illnesses before the arrival of the medical officer.

Feb.1997-July1997: Female Unit, St. Martin's Catholic Hospital, Agroyesum

Staff Nurse/Unit Incharge:

Plan, monitor& supervise the activities of the unit and special health education for the women.

OTHER POSITIONS HELD

1. Member of the Entity Tender Committee of St. Theresa Catholic Hospital Nkoranza, Oct, 2022 to Date
2. St. Theresa Catholic Hospital Maternal Death Audit Chairperson, 2022 to Date
3. Officer In- Charge of Quality Assurance at Holy Family NMTC Berekum, 2020.
4. Officer In- Charge of the examination office at Holy Family NMTC, Berekum, 2019-2020.
5. Member of the result audit team HFNMTC Berekum, 2018-2019
6. Member of the HFNMTC Berekum examination team 2018 to Jan, 2022
7. Upper West Regional IMCI facilitator, 2006-2010.
8. Upper West Regional C-IMCI facilitator, 2010.
9. Member of Board of survey of Wa East district Assembly, 2007

PROFESSIONAL COURSES/WORKSHOPS ATTENDED

- Safe Mothers by LifeNet International, October 2024.
- Introduction to Pediatric Onco-Critical Care (GA-POCC) by St. Jude Children's Research Hospital, July to December 2024.
- Practical Application of Healthcare Quality Improvement (PQI) by Mastercard Foundation/KNUST, July 2024
- Recreational Aid, LA PLAGE META VERSE, June 2024
- Health, Safety and Environment-HSE (Level1) LA PLAGE META VERSE, June 2024
- Personal Support Worker, (Level 2) LA PLAGE META VERSE, June 2024
- Introduction to Healthcare Quality Improvement by Mastercard Foundation/KNUST, May 2024.
- Disaster Management (Response, Mitigation and Risk Reduction) by LPMV, April, 2024
- Clinical Management of HIV by University of Washington, June, 2023
- Monitoring and Evaluation in Global Health by University of Washington, April, 2023
- Emotional Intelligent as a skill for Respectful Maternal Care, RMAG, Feb, 2023
- Leadership and Management in Health by University of Washington, Dec, 2022
- Project Management in Global Health by University of Washington, Sept. 2022

- Developing a professional career in Global nursing and midwifery: Approaches for success by CEHDR & NMC-Ghana, May, 2022
- McMaster Midwifery Research Centre and Midwifery Research Symposium, April, 2022
- WHO Global Patient Safety Challenge: Medication Without Harm, by Project ECHO, March, 2022
- Training on the Prevention of and Response to Sexual Exploitation and Abuse for WHO staff and partners, by Project ECHO, March, 2022
- Capacity Building on Quality Assurance and Accreditation, 26th February 2020.
- Test construction and generation of questions for Diploma in midwifery programme, 11th - 15th June, 2019.
- Scoping Review, 16th- 17th February, 2019.
- Online practical licensing examination assessment for Post NAC/NAP, 10th -12th February, 2019.
- Developing qualitative research instrument, proposal writing and writing for publication, 8th-10th November, 2018.
- Literature review, data analysis and writing for publication, 29th- 31st August, 2018.
- The role of nurses/midwives in viral hepatitis B prevention, care and management, 25th November, 2017.
- Test construction for Health tutors and Lecturers, 24th -25th November, 2016.
- Helping Babies Breathe (HBB) & Essential Care for Every Baby (ECEB), 15th -18th March, 2016.
- Basic mental health care, 4th -8th April 2015.
- Safe Motherhood skill, Nov.-2009.
- Logistic management of public sector health commodities, July – 2008.
- Kangaroo mother care skill, May- 2008.
- HIV/AIDS counselor in VCT/PMTCT, September- 2006.

ASSIGNED COMMITTEE

- St. Theresa Hospital Emergency Preparedness and Response Team, 2022 to date
- St. Theresa Hospital Maternal Death Audit Committee, 2022 to date

- Holy Family NMTC Berekum, Statutes and code of ethic review committee, 2020
- Holy Family NMTC Berekum COVID19 emergency preparedness and response team 2020
- Holy Family NMTC Berekum, Student's result audit committee, 2019-2020
- St. Joseph's MTC Jirapa, Matriculation committee, 2017-2018

PUBLISHED WORKS

1. Quality of care in the free maternal healthcare era in sun-Saharan Africa: a scoping review of providers' and managers' perceptions. <https://doi.org/10.1186/s12884-021-03701-z> (2021)
2. Women's knowledge, attitude, and practice of breast self- examination in Sub-Saharan Africa: a systematic scoping review. <https://doi.org/10.1186/s40795-020-00364-5> (2020)
3. Risk factors and morbidities associated with childhood obesity in sub-Saharan Africa: a systematic scoping review. <https://doi.org/10.1186/s13690-020-00452-9> (2020)
4. Mapping evidence on women's knowledge and practice of breast self-examination in sub-Saharan Africa: a scoping review protocol. <https://doi.org/10.1186/s13643-019-1254-7> (2020)
5. Mapping evidence of free maternal healthcare financing and quality of care in sub-Saharan Africa: a systematic scoping review protocol. <https://doi.org/10.1186/s12961-019-0495-1> (2019)

UNPUBLISHED WORKS

1. Predictors of breast self- examination practice among women in sub-Saharan Africa: a systematic scoping review. ACRE-D-20-00051
2. Adolescents' decision-making concerning abortion in senior high schools in cape coast municipality

SPECIAL AWARDS

March 2008: From the Upper West Regional Coordinating Council for Invaluable service in Upper West Region.

Nov. 2000: From the Holy Family NMTS Berekum & the Queen Mother of Berekum for Best midwifery student for 1999-2000 academic years.

LANGUAGE: Ibibio, English, and Twi

HOBBIES: Reading, Exchanging of ideas, Listening to gospel music and travelling

REFERENCES: 1. Dr. Vitalia Bawontuo (PhD)

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2. Dr. Desmond Kuupiel (PhD)

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