



MS. JUSTINA APPIAH

SENIOR STAFF MIDWIFE

INITIATIVES AND INVENTIONS

BOKRUWA CHPS COMPOUND



Ms. Justina Appiah, SSM showing her constructed battery powered wooden radiant warmer to her colleague staff at the facility in which she works.



Ms. Justina Appiah, SSM, Teaching her colleague staff's at Bokruwa Chps Compound on how to use her constructed battery powered wooden radiant warmer.



She initiated and constructed a fenced placenta pit for Bokruwa Chps Compound.



Ms. Justina Appiah, SSM, giving health education to the pregnant women as part of scan and laboratory investigation services through the collaboration she had with Global Medical Diagnostic Services, Mankranso



Pregnant women seated while waiting for their laboratories and scan services at Bokruwa Chps.



Pregnant women seated while waiting for their laboratories and scan services at Bokruwa Chps.



Pregnant women assessing scan services at Bokruwa Chps.



She collaborated with Margaret Afriyie Mother And Child Care initiative (MAMCCI), a non-governmental organisation to assist in providing free two sachets of Milo, a tin of milk and two (2) pieces of baby diapers to a newly delivered mother.



**GHANA
HEALTH
SERVICE
DISTRICT HEALTH
DIRECTORATE,
AHAFO AND SOUTH EAST**

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Quote this number and date on all correspondence

My Ref. No. AASE/DHD/25-0056 Your
Ref. No.
Date 24th April, 2025

To Whom It May Concern,

**RECOMMENDATION FOR MISS JUSTINA APPIAH,
SENIOR STAFF MIDWIFE
STAFF ID 828022**

It is with great honour that I write to highly recommend Miss Justina Appiah for the award of the best Nurse/Midwife in the region. Miss Appiah has made extraordinary contributions through innovative solutions that have significantly improved patient care in the Bokruwa rural community in the Ahafo Ano-South East district.

As a dedicated midwife at Bokruwa CHPS compound where there is no electricity, Miss Appiah has consistently demonstrated outstanding initiative and resourcefulness in addressing critical health challenges faced by pregnant women, mothers and new-borns. The passion for her work and her innovative approaches has undoubtedly saved lives of numerous babies and mothers in the community.

One of Miss Appiah's most remarkable achievements is her creation of a battery-powered wooded radiant warmer to keep new-borns warm where skin to skin cannot be initiated right after delivery. Recognizing the dire consequences of hypothermia and the increased risk of infection in new-borns, she developed this brilliant solution using readily available materials to administer essential care. Her proactive measures have undoubtedly prevented fatal outcomes, contributing greatly to 100% of 1st PNC within 24 hours of all deliveries conducted in 2024. This initiative was recommended to be adopted by all other facilities within the district to improve new-born care. She also initiated the construction of a fenced placenta pit for the Bokruwa CHPS compound, ensuring safe disposal of placenta after delivery with proper infection prevention techniques.

In addition to her clinical work, Miss Appiah engages in providing health education to pregnant women, nursing mothers, and their families on various topics, including postnatal family planning leading to an acceptor rate of 9% in 2024, 8% in 2023 as compared to an acceptor rate of 0% in 2022 when she was first posted to the community.


Her collaborative efforts with organizations such as the Margaret Afriyie Mother and Child Care Initiative (MAMCCI) have led to the provision of incentives such as (2 pieces of baby diapers, a tin of milk, a sachet of milo per mother) after delivery, hence increasing skilled delivery from 17% in 2022 to 27% and 43% in 2023 and 2024 respectively.

Again, through her collaborative efforts with Global scan and laboratory services in Mankranso. Her clients are able to assess laboratory investigations including ultrasound scan services.

This collaboration goes a long way to reducing the waiting time clients spend before service is rendered to them. This encouraged ANC attendants increasing registrants from 20% in 2022 to 23% and 42% in 2023 and 2024 respectively

Miss Appiah's outstanding abilities have earned her a recognition as "Best Innovative, Dedicated, and Exceptional Staff of Maternal and Child Health Care Delivery" during the 2024 Annual Performance Review organized by the District Health Directorate. Given her exemplary achievements and invaluable contributions to healthcare delivery, I wholeheartedly recommend her for any recognition she may be eligible for. Her innovative spirit, dedication to patient care, and ability to devise effective solutions to complex challenges makes her an exceptional healthcare professional.

Yours faithfully,


DIST. DIRECTOR OF HEALTH SERVICE
AHAFO AND SOUTH EAST DISTRICT
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MS. PRISCILLA SARKODIE
DISTRICT DIRECTOR OF HEALTH SERVICE
AHAFO AND SOUTH EAST

Ms. Justina Appiah, SSM, Been Recommended By Her District Director of Health Services At The District Health Directorate Of Ahafo Ano Southeast. For Her Sense of Dedication, Innovations and Professionalism towards Her Healthcare Delivery.



Ms. Justina Appiah, SSM, Been Honoured with a citation at the Ashanti Regional Nurses Week Celebration, 2025. As The Best Nurse/Midwife for Ahafo Ano South East District.



A citation given by the District Health Directorate for her immersed commitment, dedication and innovation towards maternal and child health care services at the 2024 Annual Performance Review