

Project innovation file.

My role in all these projects and innovations was as a convenor and Nurse health educator.

1. Peer Hangout

Objective:

To educate young key populations on mental health and sexually transmitted infection (STI) prevention.

Description:

Peer Hangout is a community-based outreach initiative that focuses on equipping vulnerable youth with knowledge and skills related to mental health and STI prevention. The sessions include condom use demonstrations, HIV self-test kit guidance, and education on topics such as blackmail, stigma, and discrimination. The environment fosters open discussion and support, helping participants make informed decisions about their health and well-being.

Target Audience:

Members of key populations including men who have sex with men (MSM), female sex workers, and young people who use drugs.

Key Outcomes:

Improved awareness of STI prevention methods, increased uptake of HIV self-testing, and greater community support for mental health and anti-discrimination efforts among key populations.



2. Pink Summit

Objective:

To educate 100 adolescent girls on breast cancer awareness and menstrual hygiene.

Description:

Pink Summit was a health outreach program aimed at raising awareness on breast cancer and promoting proper menstrual hygiene among adolescent girls. The event brought together girls from four schools in the Ga North District and featured interactive sessions on breast self-examination and managing menstruation with dignity. A key highlight of the program was the presence of a breast cancer survivor, who shared her personal journey through diagnosis, treatment, and recovery, inspiring the participants with her strength and resilience.

Target Audience:

Adolescent girls from four schools in the Ga North District.

Key Outcomes:

Enhanced awareness and knowledge of breast health and menstrual hygiene among participants, and strengthened community partnerships through collaboration with the Ga North Municipal Health Directorate.



3. Adolescent Health Week (IAHW)

Objective:

To educate adolescents on menstrual hygiene, sexual reproductive health, and empower them to build inclusive visions for their future.

Description:

Adolescent Health Week was a targeted outreach initiative focused on delivering comprehensive sexual and reproductive health education to adolescents in the Agbogbloshie enclave. The program featured interactive sessions designed to assess and improve adolescents' pre-existing knowledge on menstrual hygiene and sex education. Approximately 200 students from two schools participated, with 50 adolescents actively engaged in core sessions. The program emphasized the importance of inclusive leadership, vision-building, and access to accurate health information. Technical support for the initiative was provided by UNFPA.

Target Audience:

200 adolescents from two schools in the Agbogbloshie enclave.

Key Outcomes:

Improved knowledge on menstrual hygiene and sexual reproductive health, increased engagement of adolescents in health-related discussions, and encouragement of youth leadership for a more inclusive future.

