

THERESA SARFO-BONSU

Ghana Police Hospital, Directorate of Nursing, Cantonment Rd., CT 104, Accra – Ghana

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Profile

Dedicated and compassionate Midwife with extensive training and a proven track record of delivering outstanding medical and emotional care to pregnant women. Skilled in thriving under high-pressure work environments, ensuring optimal outcomes for both mother and baby. Adaptable and available for flexible work shifts to accommodate unpredictable patient and physician schedules. Youthful, dynamic, and versatile team player, fostering excellent relationships with superiors, peers, and subordinates. Driven by motivation, organization, and a results-oriented mindset, while consistently demonstrating tact and sensitivity in interpersonal interactions. Committed to providing exceptional care throughout the entire pregnancy journey.

Research Interest

Cervical cancer, Maternal health and outcomes, Community Health, and Midwife-Led Health Promotion and Education.

Education and Highlights of Qualification

University of Ghana, Legon-Ghana. (August 2024 to Date)

Master of Philosophy, MIDWIFERY

University of Ghana, Accra-Ghana. (Feb. 2015 – 2018)

Bachelor of Science, NURSING (midwifery)

Nursing and Midwifery Training School, Komfo Anokye, Kumasi. (Aug. 2007 – 2010)

Diploma in MIDWIFERY

Work Experience

Police Hospital **Accra, Ghana.** **Jan-2012 – Date**

Midwife

- Lead in Cervical cancer screening and treatment
- Offer family planning counseling and services to clients
- Offer breast cancer screening services to all clients
- Provide comprehensive nursing care for pregnant women.
- Offer coaching and emotional support throughout the delivery process.
- Collaborate with physicians during labor and monitor fetal condition.

- Develop and evaluate individual care programs for pregnant patients.
- Refer potential high-risk pregnancies to appropriate specialists.
- Monitor the mental, emotional, and physical well-being of pregnant women.
- Provide pre-and post-screening counselling to pregnant women.
- Educate parents on daily infant care, including bathing and breastfeeding.
- Preceptor for students Nurses and Midwives at Ghana Police Hospital, Accra.
- Assist specialists in Manual/Electronic vacuum aspirations, endometrial biopsies.
- Workshops on fistula and maternal mental health

Mankranso District Hospital, Ahafo Ano South, Ghana.

Feb-2011–

Feb-2012

Clinical Rotation, National Service

- Provided excellent nursing care for pregnant women.
- Developed delivery plans in coordination with the Matron and Physicians.
- Offered coaching and emotional support during the delivery process.
- Conducted patient examinations and addressed inquiries from pregnant women.
- Monitored the mental, emotional, and physical state of pregnant women.
- Evaluated patient conditions based on physical and laboratory test results.
- Provided pre- and post-screening counselling to expecting mothers.
- Educated parents on daily infant care, including bathing and breastfeeding.
- Examined and monitored pregnant women for any significant changes or potential problems.

Professional Development Training (Workshops & Conferences)

2025 G-DNA Annual Conference – Linking and Advancing Ghanaian Nurses Globally, Labadi Beach Hotel, Labadi. Accra-Ghana.

(3rd – 4th January 2025)

PARTICIPANT

Theme: Brain Gain, Investing in Nursing and Midwifery Education in Africa through collaboration.

Relevant Skills and Languages

- **Software**
 - MS Office Suite,
- **Personal Skills**
 - Communication and interpersonal skills, Analytical and Problem-Solving skills, Teamwork, Mentoring, Innovative, Adaptability, Planning and Coordination.
- **Languages**
 - **International:** English (Native)
 - **Sub-Saharan African Languages:** Twi.

Volunteer & Extra Curricular Services

Volunteer

- Organizing free cervical and breast cancer screening.
- Participates in community outreach programs focused on raising awareness of maternal health.
- Assists in organizing workshops and seminars aimed at empowering patients and promoting maternal health education.

REFERENCES

**CHIEF/SUP. Kennedy
Japiong, PhD**

Director of Nursing
Police Hospital, Accra
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**Dominic Kumashie, Dr.
(Med)**

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