

CURRICULUM VITAE THERESA GIFTY MANU

P. O. box Co 642 Tema - Ghana
Email: assibey2019@gmail.com
Tel: +233 243650051 +233 551336457

PROFESSIONAL SUMMARY

Registered nurse and a professional Police Officer over twelve years of experience delivering high quality care to patients in surgical, post surgical recovery and emergency units. Proven leader effective at uniting and guiding nursing teams towards achieving patient care goals, improving satisfaction and continuously driving wide spread healthy system initiative in medicine, pharmacology, and standards of care. Inspired by my reputation for building excellent rapport between medical providers and patients. Focus on advancing expertise in post recovery surgical care while driving innovation and making patients more informed and comfortable during their care.

PROFESSIONAL EXPERIENCE

UN Mission in South Sudan (UNMIS)

OIC of Nursing Unit

Nov. 2022- May 2023

- Supervision, Directing and Ensuring General Discipline among subordinate nurses.
- Providing mission specific training for subordinate nurses
- Administering medication and treatments to officers of the Formed Police Unit(FPU)
- Provide nursing care plan such as assessment, diagnosis, expected outcomes, interventions, rationale and evaluation

Registered General Nurse - Ghana Police Hospital Nov. 2011 – Till date

- Treat and care for patients after major surgical procedures by monitoring vital signs, administering medication, and cleaning surgical areas.
- Collaborate with physicians, case managers, families, and other staff members when developing a plan for care and treatment during the hospital stay.
- Work as a supervisor for the unit and floor, and help train new nursing students who are completing their internship duties.
- Assist Police and conduct forensic medical examination
- Assess whether detainees are fit to be detained, interviewed, transferred, or released
- Conduct mental health interventions and administering of medicines



Registered General Nurse –Tema General Hospital June 2010 – November 2011

- The urgent care department during serious illnesses or injuries.
- Responded to emergency situations where patients are in life-threatening conditions by following the correct procedure and maintaining a calm and effective demeanor.

Internship 37 Military Hospital

2009 – 2010

- Recorded information about patients as they recovered from illness in the hospital, such as diet, physical activity, milestones, and more.
- Followed a treatment plan and medication schedule ordered by the doctor, and assessed patient pain levels during the hospital stay.
- Led an initiative with the hospital to improve patient, family, and medical staff communication by conducting community workshops to facilitate suggestions.

EDUCATION

<i>School</i>	<i>Qualification</i>	<i>Date</i>
Cape Coast University 2023	Post Diploma in Security studies	May 2023 Nov
Central University College 2014	Bachelor of Science in Nursing	2012-
West Hills School of Nursing 2008	RGN Diploma	2005-
OLA Senior High	S.S.C.E	2001-2004

TRAINING AND COURSES:

Ghana Police Academy cadet course May 2023 Nov.
2023

Criminal investigation, Practical Police Duties and Police Administration courses

National Police Academy and Training School – Tesano, Accra Nov.2011

- Criminal investigation, Patent right and intellectual property, Criminal law, Criminal procedure, Trade mark, Law of Evidence, Ethics, Service instruction, Acts and Decrees, Communication Skills, Crisis intervention, Weapon handling, Physical Training

Ghana Formed Police Unit Training Wing , Accra 2022

Basic/Advanced Security in the Field II (English) UNMISS Police Pre- Deployment training course.

- Conflicts in Africa, Personal Security awareness, Media relations, conflict resolution in Africa, Landmine and unexploded ordinance.



- Firearms training, Police Tactics and Techniques, Public Order Management, Convoy Operation and Vip Protection
- United Nation certificate on Women's Health 2023

KEY EXPERTISE

- **Patience security and protection skills by protecting life and property of patients**
- **Communication and Collaboration:** to reduce miscommunication, encourage shared decision making, and provide a sense of working together toward common goals.
- **Education and Quality of Practice** skills to keep pace with the ever-changing health care environment while striving for excellence by supporting quality, evidence-based practice.
- **Environmental Health and Resource Utilization** skills to ensure that patient care can be provided effectively in a safe and healthy environment while promoting wellness among all health care staff.
- **Ethics and Professional Practice Evaluation:** Influential nurse leaders model ethical practices to guide decisions, display honesty by being accountable for their actions, and evaluate their adherence to professional practice standards
- **Compassion and empathy skills** to assist the nurse leader in developing interpersonal relationships and gaining respect in their role.

TECHNICALSKILLS

- ICU equipment operation, Word,Excel Outlook, PowerPoint QucikBook and Microsoft Teams

HOBBIES AND INTERESTS

1. Reading
2. Cooking
3. Music/Movies

REFERENCES

DCOP Dr Samuel Otu-Nyarko,
Head of Public Health, Ghana Police Hospital
+233244060395

C/Supt Juliana Dartey
Director of Nursing Services, Ghana Police Hospital.
+233244658257

