



# **GRNMA**

# **NEWSLETTER**

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The National Executive Committee (NEC) of the Ghana Registered Nurses and Midwives Association (GRNMA), led by President Mrs. Perpetual Ofori Ampofo, undertook a two-day tour of the Greater Accra Region from 16th to 17th March 2026 to engage members and strengthen collaboration with key stakeholders.

On the first day, the NEC paid a courtesy call on the Greater Accra Regional Health Directorate, where they met with the Regional Director of Health Services, Dr. Robert Amesiya, and his team. Discussions focused on the critical role of nurses and midwives in healthcare delivery and the need to address challenges affecting members.

On the second day, the NEC visited Kpone Health Centre and Tema General Hospital, where they interacted with staff and addressed key concerns. The tour concluded with a well-attended durbar at Tema General Hospital, providing a platform for dialogue, feedback, and engagement. The President assured members that their concerns would be escalated to the appropriate authorities for redress.

Regional leadership expressed appreciation to the NEC for the visit and commended members for their support and active participation. The tour reinforced the Association's commitment to unity, collaboration, and the continuous strengthening of its regional structures.

## THE GHANA NURSE-MIDWIFE TRAINEES ASSOCIATION TOUR, 2026



The Ghana Nurse-Midwife Trainees Association, in collaboration with the Ghana Registered Nurses and Midwives Association, has successfully completed the first phase of its nationwide tour aimed at strengthening engagement with trainee nurses and midwives across the country.

The exercise, carried out from March 2 to 5, 2026, covered selected institutions within the Eastern Volta and Northern Zones. The tour sought to introduce the newly constituted GNMTA leadership to principals, local executives, and trainees, while also providing a platform to discuss key issues affecting the growth and development of the association.

During the visits, the delegation engaged stakeholders on matters including trainee allowances and ongoing developments at the Nursing and Midwifery Council of Ghana. Emphasis was also placed on promoting professionalism among trainees, outlining planned activities for the year, and encouraging the adoption of the GNMTA cloth across member institutions.

The team visited several nursing and midwifery training institutions, including those in Krobo Odumase, Koforidua, Ho, Hohoe, Kete Krachi, Walewale, Nalerigu, Gushegu, Yendi, Nkanchina, Bole, and Damongo.



The initiative was widely welcomed, with trainees actively participating in discussions and institutional leaders commending the effort as timely and impactful.

The National Youth Committee and leadership of GNMTA expressed appreciation to the President of GRNMA, Perpetual Ofori-Ampofo, as well as principals, deans, regional and district executives, and youth coordinators for their support.

Following the success of this phase, the association indicated plans to extend the tour to other zones in the coming months.

# GRNMA CARE PLUS INITIATIVE



## GRNMACARE-PLUS INITIATIVE :

### Ayensuano GRNMA Extends Support to Vulnerable Populations

The Ayensuano District of the Ghana Registered Nurses and Midwives Association (GRNMA) in the Eastern Region successfully implemented the GRNMACARE PLUS Initiative in the first quarter of 2026, a period symbolically associated with compassion and social solidarity. The initiative sought to demonstrate professional commitment to community service through targeted support for vulnerable populations within the district.

As part of the outreach, GRNMA members visited the Seek-Life Charity Foundation Foster Home at Bonkua, Asuboi, where they donated essential supplies, including food items, toiletries, and clothing, to support the welfare of children and their caregivers. The team also engaged the children through interaction and encouragement, reinforcing psychosocial support.

Further outreach activities were undertaken in the Coaltar and Anum Apapam zones in collaboration with members of the Ghana Federation of Disability Organizations (GFDO). Beneficiaries received essential items alongside free health screening services, including blood pressure measurement, random blood glucose testing, general health assessments, and counseling. Health education sessions were conducted, focusing on the prevention and management of non-communicable diseases—particularly hypertension and diabetes—as well as the promotion of healthy lifestyle practices.

In total, approximately 200 vulnerable individuals, comprising children in foster care and persons living with disabilities, benefited from the initiative. Individuals identified with abnormal screening results were appropriately referred for further medical evaluation and management.

The Ayensuano District GRNMA acknowledges the contributions of its members and partners whose support ensured the success of the initiative. The district remains committed to sustaining similar interventions aimed at improving community health outcomes and strengthening social support systems.

## NEC TOUR 2026: GRNMA ENGAGES MEMBERS AND STAKEHOLDERS IN EASTERN REGION

The National Executive Committee (NEC) of the Ghana Registered Nurses and Midwives Association (GRNMA), led by President Madam Perpetual Ofori Ampofo, undertook a two-day official tour of the Eastern Region from 18th to 19th March 2026 to strengthen engagement with members and key health sector stakeholders.

During the visit, the NEC, in collaboration with the Regional Executive Committee (REC), paid a courtesy call on the Eastern Regional Health Directorate. The delegation was received by the Deputy Director of Public Health, Mr. Moses Barima Adjimatey, on behalf of the Regional Director. The GRNMA President underscored that the visit aimed at fostering dialogue, collaboration, and partnership.

Discussions focused on critical issues affecting the profession, including the high attrition rate among nurses and midwives, their exclusion from annual performance reviews, welfare concerns particularly among members living with Non-Communicable Diseases (NCDs) and the need for timely implementation of the Conditions of Service, including the 13th Month Allowance upon directive from the Director-General.



Concerns were also raised regarding inadequate accommodation for nurses and midwives, especially in deprived areas, and its implications on their personal and family lives. Mr. Adjimatey assured the delegation that these concerns would be relayed to the Regional Director for appropriate action.

The NEC further visited St. Joseph Orthopedic Hospital, Koforidua, where they engaged management on service delivery and staff welfare issues. The team toured key departments, including the Maternity, Creche and Emergency units. The Nursing Director expressed appreciation for the visit and the Association's continued support.

The tour concluded with a well-attended durbar at the GRNMA Regional Secretariat in Koforidua, bringing together nurses and midwives from all 33 districts. The session provided a platform for members to share concerns, while the NEC offered clarifications and updates on ongoing interventions.

Overall, the engagement reaffirmed GRNMA's commitment to transparency, inclusiveness, and sustained member interaction in advancing the nursing and midwifery profession.

## PREVENTIVE HEALTH NURSES SOCIETY-GHANA (-PREHENS-GH) HOLDS BIENNIAL GENERAL CONFERENCE 2026.



The Preventive Health Nurses Society – Ghana (PREHENS-GH), a professional group under the Ghana Registered Nurses and Midwives Association (GRNMA), successfully convened its Biennial General Conference from 1st to 4th March 2026 at Ejisu in the Ashanti Region. The conference brought together Public Health Nurses, Registered Community health Nurses, and Community Health Nurses from across the country to promote preventive healthcare delivery and strengthen professional collaboration.

Proceedings commenced with the arrival and registration of delegates, followed by orientation and distribution of conference materials. A key highlight of the conference was a community outreach and Non-Communicable Diseases (NCD) screening exercise conducted at Juaben Adu Boahen Square. In collaboration with the Juaben Municipal Hospital, participants screened over 300 community members for hypertension and diabetes. This was complemented by a health education session on the theme– “NCDs: The Silent Killer Diseases,” which underscored the importance of early detection and routine health screening.

The Grand Durbar, held on the third day, attracted a broad spectrum of stakeholders, including the Ashanti Regional Director of Health Services, nursing leaders, public health practitioners, traditional authorities, and representatives of allied health groups. The conference theme, “Unveiling a Community-Based Approach to NCD Management through Wellness Clinics and Preventive Health Nurse-Led Outreach,”—guided deliberations. Discussions emphasized the pivotal role of preventive health nurses in addressing the growing burden of NCDs in Ghana, while also drawing attention to persistent challenges such as inadequate logistics, limited transportation, and low motivation among frontline personnel.

In her address, the National Chairperson of PREHENS-GH outlined strategic priorities aimed at strengthening community-based preventive care. These include the establishment of community wellness clinics, development of a national database of vital health indicators, expansion of home-based care services for NCD clients, and the promotion of operational research to assess the impact of community wellness interventions.

The conference concluded with a courtesy call on the Nkwantakesehene, Nana Boagye Yam, in recognition of his support and contribution to the success of the event. Delegates departed with renewed commitment to advancing preventive healthcare delivery and enhancing community-based interventions nationwide.

Overall, the conference provided a valuable platform for professional engagement, policy dialogue, and reaffirmation of the critical role of preventive health nursing in improving population health outcomes in Ghana.

## AFRICAN NURSES AND MIDWIVES CALL FOR PEACE AT 2026 CONTINENTAL CONFEDERATION



The African Nurses and Midwives Confederation has issued a strong call for peace in conflict-affected regions during its 2nd Continental Conference, which took place in Livingstone, Zambia from 2nd to 7th March 2026. The conference convened nurses, midwives, researchers, educators, and health leaders from across Africa to deliberate on the future of the professions on the continent.

Deliberations at the conference underscored the indispensable role of nurses and midwives not only in healthcare delivery but also as advocates for peace, social cohesion, and humanitarian values within communities. This position aligns with the global #NursesforPeace campaign, spearheaded by the International Council of Nurses, which emphasizes the responsibility of health professionals to promote peace, safeguard healthcare workers, and support populations affected by conflict and crises.

The conference also serves as a strategic platform for knowledge exchange and professional advancement, including the dissemination of research and innovations in nursing and midwifery, the strengthening of professional networks across Africa, and critical discussions on health policy, leadership, and governance. Participants further explored approaches to enhancing health systems and improving patient outcomes across diverse settings.

The theme focused on harmonizing standards and elevating nursing and midwifery practice in Africa, the conference reinforces the collective voice of the professions in advancing healthcare delivery and social wellbeing across the continent.

Overall, the engagement highlights the evolving role of nurses and midwives as frontline leaders in promoting health, compassion, and peace, particularly in the contexts of instability and humanitarian need.

## **GRNMA WOMEN AND GENDER COMMITTEE COMMEMORATES INTERNATIONAL WOMEN'S DAY 2026**

The Women and Gender Committee of the Ghana Registered Nurses and Midwives Association

commemorated International Women's Day 2026 with a three-day programme held from 9th to 11th March 2026 at the National Secretariat. Preceded by participant arrivals on 8th March, the event brought together nurses and midwives from across all regions under the theme: "Give to Gain: The Role of Giving in Fostering Gender Equality Leading to Collective Advancement."

The program commenced with a two-day seminar and skills training, focusing on professional development and capacity building. Key sessions addressed safeguarding patient data and confidentiality, digital health and artificial intelligence in nursing practice, personal and professional development, and visionary leadership. Facilitators included Captain Silas A. Abudu, Mrs. Philomina Pomaa Ofori, Mrs. Evelyn Amoako, and Mrs. Judith Asiamah, who engaged participants through presentations, group work, and interactive discussions.



On the second day, participants explored career progression, retirement planning, and mental health management. Presentations were delivered by Mr. Franklin Owusu Ansah, Dr. Joanna Agyemang, and a representative of the Mental Health Authority. Activities also included practical stress management exercises, networking opportunities, and recreational engagement to promote cohesion among participants. A hands-on skills training session in soap making and fascinator production further equipped participants with entrepreneurial competencies.

The commemoration on 11th March brought together dignitaries, including the GRNMA President, Mrs. Perpetual Ofori Ampofo, members of the National Executive Committee, nursing leaders, legal practitioners, and representatives from partner organizations. The keynote address was delivered by Professor Margaret Gyapong of the University of Allied Health Sciences, who emphasized the transformative role of giving in advancing gender equality and empowerment.

Additional contributions from the Guest of Honour, Mr. Daniel Osei Tuffuor of the Young African Women Congress Network, highlighted mentorship as a critical tool for women's advancement. The Special Guest of Honour, Mrs. Mary Amoah Kuffour of Klicks Africa Foundation, shared compelling experiences on caring for persons with special needs, drawing attention to gaps in healthcare systems and the need for inclusive care. In support of her advocacy, GRNMA pledged financial assistance to her foundation.

The event featured cultural displays, recognition of committee members, and reaffirmation of the Association's commitment to gender equality, leadership, and compassionate care. Despite minor logistical challenges, the programme was widely regarded as impactful, with participants expressing satisfaction and renewed commitment to professional excellence and advocacy.

Overall, the commemoration provided a comprehensive platform for knowledge sharing, skills development, and reflection on the role of nurses and midwives in advancing gender equity and holistic healthcare delivery.

## AMANSIE CENTRAL NURSES AND MIDWIVES CELEBRATE 2026 NURSES AND MIDWIVES DAY.



Nurses and midwives in the Amansie Central District marked the 2026 Nurses and Midwives Day with a colourful and well-attended celebration held on Thursday, 5th March 2026, at the St. Peter's Catholic Hospital Conference Hall, Jacobu. The event provided an opportunity to recognise the invaluable contributions of nurses and midwives to healthcare delivery while reaffirming their commitment to professional excellence.

The celebration was held under the theme, “Our Nurses, Our Future: Strengthening Health Systems for Tomorrow,” and brought together health professionals, policymakers, and key stakeholders. The programme was graced by members of the Bekwai Zonal Executives of the Ghana Registered Nurses and Midwives Association, as well as other district and regional representatives, demonstrating solidarity within the nursing and midwifery fraternity.

In his address, the Ashanti Regional Public Relations Officer of GRNMA, Mr. Haruna Yakubu, encouraged nurses and midwives to recognise their critical role in advancing quality healthcare beyond their immediate work environments. He underscored the need for continued dedication and professionalism in strengthening health systems.

Representatives of local government also reiterated their commitment to improving the welfare of health workers. Concerns regarding accommodation challenges for nurses, particularly in rural communities, were highlighted, with calls for increased stakeholder support to address these gaps. The District Director of Health Services, Mr. Opong Ampratwum, commended nurses and midwives for their resilience and dedication despite resource constraints.

Additional presentations focused on professional development opportunities, with a representative from First Merit Trust providing insights into further education pathways. The Regional First Vice Chairman of GRNMA, Mr. Philemon Adu Brempong, further encouraged active participation in the Association, emphasizing its role in protecting and advancing members' interests.

The event also created a platform to discuss challenges within the profession. The District Director of Nursing Services, Ms. Vida Tetteh Norkor, highlighted issues including inadequate logistics and demanding working conditions, calling for sustained institutional and stakeholder support.

A major highlight of the celebration was the awards ceremony, which recognised outstanding performance and dedication among nurses and midwives in the district. Mr. Tii Lahari Mba was adjudged Best Nurse, with Miss Adarkwah Emmanuel and Mr. Bernard Attakotah Opoku emerging as first and second runners-up,

respectively. Additional awards were presented to individuals who demonstrated exceptional commitment to service and union activities.

In further support of healthcare delivery, the Association donated essential medical equipment to St. Peter's Catholic Hospital, Jacobu, and Atobease Health Centre. The items, including blood pressure apparatus, haemoglobin meters, pulse oximeters, thermometers, and glucometers, are expected to enhance patient care and clinical efficiency.

The celebration concluded with expressions of appreciation from the district leadership of GRNMA to sponsors, dignitaries, and members for their contributions to the success of the event. Overall, the programme reinforced the critical role of nurses and midwives as frontline providers, advocates, and key pillars in strengthening the health system.

## TAFO MUNICIPAL GRNMA EXECUTIVES UNDERTAKE FACILITY VISITATIONS.



On 13th March 2026, the Tafo Municipal executives of the Ghana Registered Nurses and Midwives Association, led by District Chairperson Ms. Priscilla Osei Poku, conducted a series of facility visitations across the municipality to strengthen engagement with members and address key professional and welfare concerns.

The team visited Tafo Government Hospital, Methodist Medical Centre, the Municipal Health Directorate, and selected private facilities, including True Vine Hospital, Constance Hospital, Trinity Hospital, and Siaw Larbi Hospital. The engagements provided a platform for direct interaction with nurses and midwives within the various facilities.

Key discussions focused on educating members on GRNMA benefits, including available professional, social, and welfare packages, as well as opportunities under the Association's loan schemes. The executives also encouraged member re-engagement, particularly supporting individuals to reconnect with the Association where necessary.

In addition, newly posted nurses and midwives were oriented on the structure, functions, and advantages of active participation in GRNMA, with emphasis on professional development and collective representation.

Overall, the exercise reinforced the Association's commitment to effective communication, member inclusion, and continuous support for nurses and midwives within the municipality.

