



GHANA REGISTERED NURSES AND MIDWIVES ASSOCIATION

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AFRICAN NURSES AND MIDWIVES CONFEDERATION (ANMC) CONFERENCE 2025



The inaugural African Nurses and Midwives Confederation (ANMC) Conference took place in Accra, Ghana, from February 20 to 24, 2025, bringing together nursing and midwifery leaders from 17 African countries. Hosted by the Ghana Registered Nurses and Midwives Association (GRNMA), the conference aimed to address key professional challenges and enhance collaboration for equitable healthcare across Africa under the theme "Nurses and Midwives, Fostering Health for All in Africa."

Ghana's Minister of Health, Hon. Kwabena Mintah Akandoh, emphasized the critical role of nurses and midwives in healthcare and reaffirmed the government's commitment to strengthening the workforce. He highlighted the rising burden of non-communicable diseases and the importance of bilateral agreements to create international opportunities while ensuring workforce stability.

The conference featured distinguished speakers, including Professor Wu Ying of Capital Medical

University, China, who stressed the need for investing in data collection to highlight nurses' and midwives' contributions.

Day 2 focused on constitutional review, with participants refining the ANMC draft constitution and selecting Seychelles as the host for ANMC 2026. The remaining days included cultural and heritage tours, allowing attendees to explore Ghana's historical landmarks such as Black Star Square, Kwame Nkrumah Mausoleum, and Elmina Castle.

The ANMC 2025 Conference concluded with a strong commitment to advancing nursing and midwifery leadership, improving healthcare policies, and fostering regional collaboration. With Seychelles set to host the next conference, ANMC looks forward to further strengthening the profession's role in shaping Africa's healthcare future.

SEASON OF LOVE , NURSING & MIDWIFERY, PROFESSIONS THAT EXPRESS LOVE AND EMPATHY IN THE DISCHARGE OF DUTY



February, a remarkable month of love as captioned by the Greater Accra regional branch of GRNMA as "LOVE BREEZE 2025:"

Accra was set ablaze with love and elegance on Valentine's Day as nurses and midwives across the capital stormed the city in a breathtaking display of red and creamy attire, turning heads and spreading warmth and more especially gave gift to patients to symbolize care and compassion at the various hospitals.

The Greater Accra Regional GRNMA hosted the dazzling and colorful event, "LOVE BREEZE 2025", at the newly constructed Event Park in the Regional Secretariat, creating an atmosphere of romance, joy, and pure bliss.

The event was nothing short of spectacular, as healthcare professionals, accompanied by their loved ones, thronged the venue to celebrate love, unity, and relaxation.

The night was adorned with a vibrant food bazaar, live band music, dance, and endless fun activities, leaving attendees with unforgettable memories of

laughter, bonding, and rejuvenation worth repeating.

This innovative celebration proved to be a perfect escape from the demands of the profession, offering nurses and midwives a well-deserved moment to unwind and unleash stress .

The event's success has sparked excitement for a bigger and better edition earmarked in 2026, with many calling on other regions to embrace this initiative to promote well-being, togetherness, and relaxation among the Nursing fraternity .

Indeed, LOVE BREEZE 2025 was more than a celebration—it was a statement of self-love, appreciation, and the power of a community. Until next year, the memories of this enchanting night will remain fresh in the hearts of all who attended.

Health care providers in the cadres of nursing and Midwifery were reminded to show love , care , compassion and Empathy to our clients and patients as our core ethical mandate in the discharge of duty .

As love refreshes the soul , unity strengthened us .
So in principle "Unity is strength "

GRNMA SHOWCASES ONGOING WORK ON HEALTH WORKFORCE WELLBEING STUDY AT KEY CONFERENCES

The Ghana Registered Nurses and Midwives Association (GRNMA) has highlighted its ongoing work in a collaborative research study on health workforce well-being interventions in Ghana, Kenya, and Nigeria. The study, implemented under the SG 60 - Institute of Applied Studies and Research (IASR), Kenya; Ghana Registered Nurses and Midwives Association, Ghana; and Nigerian Medical Association, Nigeria, aims to assess and enhance the wellbeing of health workers through evidence-based interventions.

The research, which has already commenced its pilot survey and primary data collection, has seen an impressive 81% response rate from health workers across the three countries, indicating strong engagement in the subject. Preliminary findings are expected next month and will be shared with key stakeholders to inform health workforce policy and management strategies.

Health Workforce Wellbeing Interventions and Initiatives Study in Kenya, Nigeria and Ghana

Mixed Methods Study

GHANA LEARNING AND SHARING EVENT



Panel Discussion: Motivation, wellbeing strategies, retention, job satisfaction strategies

Chair: Dr James Antwi

Panellists:

- Patricia Akweongo representing LS.07 - Liverpool School of Tropical Medicine and School of Public Health and the University of Ghana
- Ms. Perpetual Omfori representing SO.60 - The Institute of Applied Studies and Research, Nigeria Medical Association, Ghana Nurses and Midwives Association and Kenya Nurses Association

• Ms. Philomina Wooley representing LS.07 - Liverpool School of Tropical Medicine and School of Public Health and the University of Ghana

26th February 2025, AH Hotel, Accra, Ghana.

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As part of ongoing dissemination efforts, GRNMA first showcased the study at the African Nurses and Midwives Confederation (ANMC) Conference in Accra, where nursing and midwifery leaders from 17 African countries gathered to discuss pressing healthcare issues. This was followed by a presentation at the Global Health Workforce Programme (GHWP) Micro Sharing & Learning Event on February 26 in Accra, Ghana, which included a panel briefing on health workforce wellbeing.

A key strength of the partnership is its engagement with health policy stakeholders who directly influence Human Resources for Health (HRH) policies. By involving these decision-makers, the project ensures that its findings can effectively contribute to policy dialogue and implementation strategies aimed at improving health worker wellbeing in the three countries.

With preliminary results set to be released soon, GRNMA and its partners remain committed to advocating for meaningful improvements in the working conditions and overall wellbeing of health workers across Africa.

GCNM APPOINTS FIRST-EVER VICE-RECTORS

The Ghana College of Nurses and Midwives (GCNM) has reached a significant milestone with the appointment of its first-ever Vice-Rectors, marking a pivotal step in strengthening leadership within the institution. This historic development underscores GCNM's commitment to advancing specialist nursing and midwifery education in Ghana.

The first of the two appointees, Mr. Amos Prince Otuah, assumed office on February 3, 2025. With over two

decades of experience in mental health nursing, Mr. Otuah brings a wealth of expertise in clinical practice, education, and leadership. He has previously served as Deputy Chief Health Tutor (DCHT) at the Nursing and Midwifery Training College, Koforidua, and as Faculty Chairperson for Child and Adolescent Mental Health at GCNM.

A distinguished professional, Mr. Otuah holds an MSc in Psychiatric Nursing (Cardiff University, UK),

a BSc in Nursing (University of Ghana, Legon), and a Diploma in Psychiatric Nursing (Pantang Nurses Training College, Ghana). He is a Fellow of GCNM and an active member of GRNMA, the Nursing and Midwifery Council of Ghana, and the International Association for Child and Adolescent Psychiatry and Allied Professionals (IACAPAP). The College eagerly anticipates the arrival of the second Vice-Rector later this year.

The GRNMA congratulates Mr. Otuah on his appointment and commends GCNM for this progressive step in enhancing leadership in nursing and midwifery education.

Mr. Amos
PRINCE OTUAH



GRNMA MOURNS DEEPLY IN THE MONTH OF LOVE



JOSEPH BAPENGNE

1984 - 2025



DIANA ADZO ABBAN

SUNRISE: 1987-SUNSET: 2024

February 2025 became a month of sorrow for the Ghana Registered Nurses and Midwives Association (GRNMA) as members of the Association journeyed across regions to bid farewell to two of its own.

In Jirapa Piiyiri, the National Executive Committee (NEC), led by President Mrs. Perpetual Ofori-Ampofo, paid its last respects to the late Joseph Bapengne, a devoted leader and 2nd Vice Regional

Chairman of GRNMA in the Upper West Region. His dedication to the welfare of nurses and midwives left an indelible mark, and his passing is a great loss to the profession.

Tragedy struck again as GRNMA mourned Mrs. Bernice Segbefia Kreponi, a midwife whose passion for maternal care shone throughout her service. Her funeral at Morkporkpor EP Church in Kasoa was

attended by members from Greater Accra, Upper West, Central, and Volta Regions before her final journey to Anyako, Keta.

Rest well, dear colleagues. Your legacies live on

UPCOMING EVENTS:

1. GRNMA 65th Anniversary
2. GCNM inaugurates additional new Rector
3. GNMTA -Northern Zone Congress
4. ENT Society celebrates World Hearing Day



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